Big Dawg Volleyball Camps

WELCOME TO CAMP!

Information for: SETTER & LIBERO CAMP 2017!

I hope you are ready to work hard, learn, and have a fantastic time! We have received your camp application and deposit and are looking forward to seeing you this summer!

- Camp check-in will begin on July 17 at 8:30 am in the lobby of the PE
 Gym to verify health information (T-shirts will be available on Friday).
- Have your ride drop you off at the SEFCU Arena parking lot every day at
 8:45am and ready to pick you up at Noon following each day.
- Make sure to wear athletic clothing to the sessions:
 - Athletic shorts/spandex
 - o T-shirt
 - Volleyball/cross-training shoes
 - Knee pads
 - Socks
 - Ankle braces (optional)
- Bring a water bottle to stay hydrated (we will provide the water, you bring something to hold it in)
- An Athletic Trainer will be available at the beginning of each session for taping and within 2 minutes for emergencies.

Information for: HITTER CAMP 2017!

I hope you are ready to work hard, learn, and have a fantastic time! We have received your camp application and deposit and are looking forward to seeing you this summer!

- Camp check-in will begin on July 17 at 12:30 pm in the lobby of the
 PE Gym to verify health information (T-shirts will be available on Friday).
- Have your ride drop you off at the SEFCU Arena parking lot every day at 12:45pm and ready to pick you up at 4:00 pm following each day.
- Make sure to wear athletic clothing to the sessions:
 - Athletic shorts/spandex
 - o T-shirt
 - Volleyball/cross-training shoes
 - o Knee pads
 - Socks
 - Ankle braces (optional)
- Bring a water bottle to stay hydrated (we will provide the water, you bring something to hold it in).
- An Athletic Trainer will be available at the beginning of each session for taping and within 2 minutes for emergencies.

If you signed up for both a morning and afternoon session, please be aware that we will not serve lunch in between the sessions. You are free to bring a lunch and stay and eat between the sessions.

If you choose to stay and watch camp only park your car in the SEFCU lot. Any other lot will result in you receiving a parking citation. The SEFCU lot is free for campers and families to park in during camp.