

Dear Parent/Guardian and Camper,

This letter will provide you with all the details of World Class Field Hockey Advanced Camp on July 19-22 at Yale University. Yale University's Johnson Field, resurfaced in 2013, is an outstanding turf facility. Residents will be housed and fed at the University of New Haven (UNH), a little over a mile from Johnson Field. The World Class Field Hockey staff (coaches, athletic trainer and residence supervisors) will be housed at the University of New Haven. There will be complete supervision at ALL times by our staff members.

World Class Sports will work hard to ensure an enjoyable experience and great learning environment for you. My staff and I bring a tremendous amount of experience with us, but just as important, we all get great enjoyment from working with young people, while trying to develop them as field hockey players. We are looking forward to our time together as much as we hope you are!

<u>REFUND POLICY</u>: World Class Sports LLC has a **NO REFUND POLICY**. Medical withdrawals are honored one week prior to the start of camp. A letter from your doctor must accompany the request and your camp fee will be refunded, minus a \$100 processing fee.

Registration

Registration will be on Wednesday, July 19 from 1:00-2:00pm at University of New Haven's Westside Hall. Registration for ALL campers, including commuters, will take place at the University of New Haven.

Departure

Departure will be at University of New Haven's Westside Hall on Saturday, July 22 from 12:00-1:00pm. Commuters can depart from Johnson Field at the close of camp.

Meals

The first meal will be dinner on July 19 and the last meal will be breakfast on July 22. Meals will be served at the University of New Haven's Westside Hall. Commuters will be provided lunch and dinner only.

REQUIRED FORMS: Medical Form

Please complete the attached **Medical Form**. Please email, fax or mail forms prior to camp. You may use a medical form from school, another camp, activity, etc., however, the form must be completed and signed by a doctor and parent/guardian in order to participate. Connecticut State Law requires all campers to have an updated physical and medical form on file to participate.

If you are bringing medication to camp you must download and complete the **Authorization for Medication Form** found on the WCS website. <u>This form must be signed by your doctor</u>. Campers must self-administer all medications.

Please complete ALL necessary forms and return to:

World Class Sports 38 Lake St. Hamden, CT 06517

An Athletic trainer will be available at registration to answer any questions or concerns. A certified athletic trainer, employed by World Class Sports LLC, will be on duty and available at all times.

Bus Transportation to/from Field

ALL campers (commuters as well as residents) and staff will be transported by bus to/from University of New Haven and Yale University between playing sessions.

Camp Store

There will be a Camp Store open during breaks. Yale Field Hockey and World Class Field Hockey T-shirts, shorts, hockey sticks, etc. as well as food and drink will be available for purchase. A **Camp Store Bank** will be available for campers to deposit money to purchase items. We will keep a running account of expenditures. This will eliminate you having to carry money around. Balance of deposit must be picked-up prior to departure from camp.

LIST of what to bring to camp:

Field Hockey Stick Flip-flops

Turf shoes (NOT grass cleats)

Toothbrush/toothpaste

Cross Trainers

Mouth guard

Soap/soap dish
Shin guard

Sunblock

Water bottle

Goalie equipment (if applicable)

Shampoo

Soap/soap dish
Sunblock

*Sheets

*Pillow

Shorts/T-shirts *Towel and washcloth Sweatshirt/pants *Blanket (if desired)

Socks/underwear (These items are NOT provided by the university)

Mark all equipment and clothing. Please leave valuables at home.

University of New Haven's Westside Hall has air conditioning. There are <u>no</u> kitchenettes or refrigerators in the rooms. It is not necessary to bring fans, but if you want to bring a small portable refrigerator feel free.

Daily Schedule

Please see attached for tentative daily schedule.

To reach us prior to camp, call the World Class Sports business line at (203) 287-8186 or email info@worldclasssports.net. During camp, I can be reached on my cell phone (203) 623-0981.

Once again, welcome to World Class Field Hockey Advanced Camp. We look forward to working with you this summer!

See you in July!

Pam

Pam Stuper, Director

Field Hockey Advanced Camp TENTATIVE Schedule

8:00am Breakfast (UNH)
8:45am <i>Bus</i>
9:00-11:00am Session (Johnson Field)
11:30am Lunch (Yale's Smilow Field House)
12:30pm Performance Enhancement Session
2:00-4:00pm Session (Johnson Field)
4:15pm <i>Bus</i>
4:30pm Dinner (UNH)
5:45pm <i>Bus</i>
6:00-8:30pm Games (Johnson Field)
8:45pm <i>Bus</i>
9:00pm Dorms—Free Time (UNH)
11:00pm—Lights Out

Performance Enhancement Sessions (tentative)

- Strength & Conditioning / Nutrition
- Yoga
- Q&A w/ College Coaches

Yale University Campus Tour – NCAA rules have recently changed so we will be able to offer a campus tour during camp.

COMMUTER HOURS

- > Registration for ALL campers (including commuters) will take place at the University of New Haven on Wednesday, July 19 from 1:00-2:00pm.
- > Thursday, Friday, and Saturday Drop-Off at approximately 8:45am @ Johnson Field
- Wednesday, Thursday and Friday Pick-up at approximately 8:45pm @ Johnson Field
- > Commuters can depart from Johnson Field at the close of camp on Saturday, July 22 at 12:00pm.

^{*}Commuters who drive themselves will NOT be permitted to drive their cars once they arrive for the day. They must take the bus to/from Yale and UNH.

YOUTH CAMP HEALTH EXAM/RECORD FOR CAMPERS AND STAFF

Physical Exams Are Valid For 3 Years From Date of Last Examination

Please Return Completed Form to the Camp

Name:		Date	of Birth:	Phone:	
Guardian:		Address:	(dd/mm/yy	уу)	
Emergency Contac	t:	Emergency Phone:			
Date of Arrival at (Camp:	D	ate of Departure:		
TO	BE COMPLETE	D BY THE SP	ECIFIED MEDIC	AL PRACTITIO	NER:
May participate in all camp activities		vities	DATE of EXA	M/_	
May participa	te except for:				
Medical information	n pertinent to routi	ne care and eme	rgencies:		
Does the individua	have allergies?	Oyes	NO Explain:		
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Is the individual or	-	O _{YES} (_		
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Directions to the University of New Haven

300 Boston Post Rd. West Haven, CT 06516

From New York and Points West:

Connecticut Turnpike (I-95) Northbound. Take Exit 43, Campbell Avenue. Turn left at bottom of exit ramp. Continue past University of New Haven sign on left at Ruden Street (0.6 miles) to intersection with Route 1 (Boston Post Road). Turn left, travel to top of hill, turn left into the University of New Haven.

Merritt/Wilbur Cross Parkway (Route 15) Northbound:

Take Exit 57, Route 34 east (Derby Avenue) Travel 3.4 miles to Route 122 (Forest Road). Turn right, travel 1.0 miles to first traffic light, Route 1 (Boston Post Road). Turn right, travel to top of hill, turn left into the University of New Haven.

From Hartford, Boston, Providence, New London, and Points North and East:

NOTE: From Southbound I-91, remain on highway and follow to juncture with I-95 Southbound (toward New York City). Follow directions below.

Connecticut Turnpike (I-95) Southbound: Take Exit 43, First Avenue. Turn right at bottom of exit ramp, travel 0.5 miles to second traffic light, Route 122 (Campbell Avenue). Turn right and continue past intersection with Ruden Street (note University of New Haven sign at left) to intersection with Route 1 (Boston Post Road). Travel to top of hill, turn left into the University of New Haven.

Merritt/Wilbur Cross Parkway (Route 15) Southbound: Take Exit 57, Route 34 East (Derby Avenue) Travel 3.4 miles to Route 122 (Forest Road). Turn right, travel 1.0 miles to first traffic light, Route 1 (Boston Post Road). Turn right, travel to top of hill, turn left into the University of New Haven.

Street Map



Directions to Yale University's Johnson Field

70 Central Ave., New Haven, CT 06515



From MERRITT and WILBUR CROSS PARKWAYS:

- Take Exit 57 (Route 34 East) directly to the Yale Bowl Complex
- **OR** Take Exit 59 (Whalley Ave.) and follow the Yale Bowl signs
- Pass through Forrest Road and the car dealerships. At the next traffic signal take a left on Central Ave.
- Take your first left on the service road adjacent to the Armory. Follow road back to the parking lot at Johnson Field.

From INTERSTATE 95:

- Take Eastbound Exit 44 or Westbound Exit 45 to Route 10 (follow the signs posted for the Yale Bowl)
- **OR** take Exit 47 (Downtown) and follow Route 34 to the Yale Bowl Complex
- Follow the signs posted for the Yale Bowl
- Pass Smilow Field House on your right directly adjacent to the Yale Bowl Walter Camp Entrance on Derby Ave. (Route 34)
- At the next traffic light take a right on Central Ave.
- Take your first left on the service road adjacent to the Armory. Follow road back to the parking lot at Johnson Field.

From INTERSTATE 91 Southbound:

- Take Exit 1 (Downtown) and follow Route 34 to the Yale Bowl Complex
- Follow signs posted for the Yale Bowl
- Pass Smilow Field House on your right adjacent to the Yale Bowl Walter Camp Entrance on Derby Ave. (Route 34)
- At the next traffic light take a right on Central Ave.
- Take your first left on the service road adjacent to the Armory. Follow road back to the parking lot at Johnson Field.

From DOWNTOWN New Haven:

- Go north on Chapel Street, then bear left on to Derby Avenue (Route 34) to the Yale Bowl
- Smilow Field House is located on your right adjacent to the Yale Bowl Walter Camp Entrance on Derby Ave. (Route 34)
- At the next traffic light take a right on Central Ave.
- Take your first left on the service road adjacent to the Armory. Follow road back to the parking lot at Johnson Field.

Hotel Information

for Family/Friends

Courtyard by Marriott New Haven at Yale (203) 777-6221

30 Whalley Ave. New Haven, CT 06511

Courtyard by Marriott New Haven Orange/Milford (203) 799-2200

136 Marsh Hill Rd. Orange, CT 06477

Hampton Inn Milford (203) 874-4400

129 Plains Rd. Milford, CT 06460

La Quinta Inn & Suites New Haven

(203) 562-1111

400 Sargent Dr. New Haven, CT 06811

New Haven Hotel (203) 498-3100

229 George St. New Haven, CT 06510

Premiere Hotel & Suites

(203) 777-5337

3 Long Wharf Dr. New Haven, CT 06511

Omni New Haven Hotel at Yale

(203) 772-6664

155 Temple St. New Haven, CT 06510

The Study at Yale Hotel (203) 503-3900

1157 Chapel St. New Haven, CT 06511

*New Haven hotels are within 3 miles of Yale's Johnson Field