***Tiger Style Satellite Camp Centerville Iowa***

**June 4th – 6th**  ****

***CHECK-IN: 7:30am to 8:45am***

**Centerville High School**

 **600 CHS Dr, Centerville, IA 52544**

**The BEST Camp System in the country comes to you!**

Satellite Camps offer the unique experience of learning the Tiger Style system in your own back yard!  For three straight days you will train with the Mizzou Wrestlers and learn from the Mizzou Coaching Staff exactly what makes Mizzou Wrestling a national power.  With focus on technical development, program specific drills, and live wrestling to help develop newly learned technique this camp will continue to help you acquire a championship level.  This camp can be the edge you have been looking for to supplement your summer progression!

**MEALS**

You will be responsible for lunch each day during the session breaks

**THINGS TO BRING**

Wrestling Shoes, Head gear, Running Shoes, Workout shorts and shirts, Water Bottle,

**THINGS NOT TO BRING**

Tobacco products, Alcohol, Fireworks, Pocket Knifes

**TEAM STORE**

**Tiger Style Camp Store will be open during registration and after each session**

**Shorts, T-Shirts, Bags, etc. will be available to purchase.**

**CAMP SCHEDULE**

**Monday June 4th**

7:45 – 8:45am Registration

9:00 – 11:00am Session 1

11:00 – 12:00pm Lunch Break

12:00 – 2:00pm Session 2

**Tuesday and Wednesday June 5th & 6th**

9:00 – 11:00am Session 1

11:00 – 12:00pm Lunch Break

12:00 – 2:00pm Session 2

**Questions or concerns**

Call Alex Clemsen at 573-882-9943 or email **tigerstylecamps@msn.com**

**WEB PAGE**

Go to **WWW.TIGERSTYLEWRESTLING.COM** for more information about our

camps. We look forward to having you at camp for a great summer of Tiger Style training.

