

# LONG AND STRONG THROWING CLINIC MARCH 17,2018



## PRE-CLINIC SALE

FREE DELIVERY TO THE CLINIC WHEN ORDERED BY 3/6

To Purchase Contact Nash Oven at [nashoven@gmail.com](mailto:nashoven@gmail.com) or 508-820-6353

***Shot Put*** Girls Package: 3k Shot, 6lb Med Ball and Wrist Straps \$68.00

***Shot Put*** Boys Package: 5k Shot, 8lb Med Ball and Wrist Straps \$82.00

***Discus*** Girls Package: VS 1k disc, VS training ball 1k, VS 2lb throwing ball with handle \$78.00

***Discus*** Boys Package: VS 1.6k disc, VS training ball 1.6k, VS 4lb throwing ball with handle \$87.00

***Javelin*** Girls Package: VS training ball 600 grams, Gill indoor training javelin 600 gram, 2lb Med Ball \$119.00

***Javelin*** Boys Package: VS training ball 800 grams, Gill indoor training javelin 800 gram, 4lb Med Ball \$132.00

***Hammer*** Girls Package: PowerMax Swing ball 3K, VS Hammer GloveII \$92.00

***Hammer*** Boys Package: PowerMax Swing ball 4k, VS Hammer GloveII \$105.00

VS Power Throwing Shoe \$50.00 or \$45.00 with purchase of any package above