

Register by Mail

Full payment due upon registration

Please make checks payable to

Longwood Women's Basketball

Please select camp attending:

- ☐ **Lil' Lancers** June 12th-13th
- ☐ **Individual Camp (Commuter)** June 24th- 26th
- ☐ **Individual Camp (Overnight)** June 24th- 26th
- ☐ **Elite** June 24th

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Parents' Names: _____

Cell Phone: _____

E-mail: _____

Age: _____ DOB: _____ Grade (Fall '18) _____ Ht. _____

T-Shirt Size (circle): Youth S / M / L Adult S / M / L / XL

School: _____

Coach: _____

Roommate Preference (if applicable): _____

Insurance Carrier: _____

Policy # : _____

I understand that the Longwood Basketball Camp does not provide medical or accident insurance for campers. I certify that my child is either covered by medical insurance or I agree to pay all medical expenses which result from injury or illness while he/she is attending camp. I hereby authorize the camp director to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release the Camp from any and all liability for any injuries incurred while at camp. I certify that my child has received a physical exam this year and can play.

Signature of parent/guardian:

All Longwood University camps and clinics are open to any and all entrants, and are only limited by the number, age, grade level or gender described.

Longwood University
Women's Basketball
201 High St.
Farmville, VA 23909



LONGWOOD WOMEN'S BASKETBALL CAMPS

**DIRECTED BY NEW
HEAD COACH
REBECCA TILLET**

LIL' LANCERS

JUNE 12TH – 13TH

INDIVIDUAL CAMP

JUNE 24TH – 26TH

COMMUTER / OVERNIGHT AVAILABLE

ELITE CAMP

JUNE 24TH

SUMMER 2018

Elite Camp

\$65.00

High School

June 24th 10am– 6pm

Includes intense workouts aimed at improving individual skills, high level team play, and skill competitions. Designed for players aspiring to play at the collegiate level.

Individual-Commuter

\$160.00

Boys and girls, Grades 2nd-8th

June 24th– 26th — 9am -3:30pm

Includes drills and games designed to increase fundamentals, skills, sportsmanship, and team concepts. Individual and team competitions will occur.

Lunch will be provided

Individual—Overnight

\$325.00

Girls, Grades 2nd-8th

June 24th-26th

Monday 10 am– Wednesday 2:30 pm

Includes drills and games designed to increase fundamentals, skills, sportsmanship, and team concepts. Individual and team competitions will occur. Supervised dorm rooms, fun evening activities , & a chance to make new friends!

All meals are included

Lil' Lancers Camp

\$40.00

Boys and girls ages 4-7

June 12th-13th

5:00-7:00pm

Includes drills and games designed to improve FUNDamentals including dribbling, passing, and defense.



Coach Rebecca Tillett enters her first season as the head women's basketball coach at Longwood University. She joins the Lancer community after a very decorated career at Navy, where she served as the associate head coach and the recruiting coordinator.

During her four years in Annapolis, Tillett helped the Midshipmen to an 81-47 record, including this past season when they set the program wins record at 25-8 and reached both the Patriot League Championship game and the Women's National Invitational Tournament (WNIT) for the second straight year. Navy went 46-26 in league play and back-to-back top-three finishes during her four-year stint, winning at least 10 league

games in three of those years.

A three-year letterwinner, senior captain and 1999 graduate of William & Mary, Tillett was involved with all aspects of the program at Navy and specialized as the team's defensive coordinator. In that role she oversaw a unit that led the Patriot League in defensive scoring twice, posted the eighth-lowest opponent scoring average in the nation in 2017-18 and produced the 2016 Patriot League Defensive Player of the Year and a pair of All-Defensive Team honorees in 2017 and 2018.

Growing up in a family of coaches, Tillett knew early on this was not only a goal but a dream. She returns to her home state of Virginia with an eclectic background of success, including a championship decorated tenure at Forest Park, and 18 years of directing respected basketball camps in multiple states. Coach Tillett is eager for YOU to join the Lancer family!



@Longwood_WBB



@LongwoodWBB



Longwood Women's Basketball

Camp Objectives

- To teach the fundamentals of basketball
- To foster sportsmanship and competition
- To encourage a love of basketball
- To expand our Lancer Basketball Family

Camp Features

- Free Longwood Basketball Camp Shirt & Ball
- Low Coach-to-Camper Ratio
- Camp Store
- Individual attention from Coach Rebecca Tillett and Staff

Awards will be given at **Individual Camp** to individual and team competition winners. Parents and guardians are welcome to the award ceremony at the conclusion of camp on Wed. June 27th at 2:30pm.

Registration Procedures

Camp Contact

Assistant Coach Maeve Gallagher

gallagherm2@longwood.edu

412-606-7559

Register Online at:

<http://www.totalcamps.com/LONGWOODwomensBasketball>

Or return attached form and payment to:
Longwood Women's Basketball
201 High St. Farmville, VA. 23909

Full payment is due by registration. Checks may be made payable to Longwood Women's Basketball.

25% Discount for Longwood Faculty

50% Discount for Longwood Athletic Staff