

Camp pricing: \$200 for full camp or \$55 per day

Camp instruction will be by VCU Field Hockey Coaches and Players. The curriculum will include instruction on basic fundamentals, hitting techniques, sweeping techniques, goal scoring, defensive principles, and game play. Goalkeepers will have their own specific curriculum and coaching staff. Camp is open to anyone over the age of 7. Campers will be required to provide all playing equipment (Stick, turf shoes (no cleats), shin guards, mouth guard, GK equipment).

Please send registration and checks to:

RVA Field Hockey, 3900 Rosedale Avenue, Richmond, VA 23227 (Checks payable to RVA Field Hockey)



rvafieldhockey@gmail.com