



Anderson University Athletic Department Sports Medicine Sickle Cell Trait Testing Policy

In accordance with NCAA mandates, all incoming Anderson University Student-Athletes (freshmen and Transfers) must be tested for the sickle cell trait prior to any participation, practice, or lifting.

Although persons of any race and ancestry may test positive for sickle cell trait, it predominantly affects the African-Americans. Less than 1% of white Americans carry the sickle cell trait. Within the past ten (10) years, eight (8) college football players have died from acute rhabdomyolysis, a result of carrying the sickle cell trait. Some of these players were unaware that they had the trait.

If you have been previously tested for the sickle cell trait, or are unable to obtain prior results, then you should schedule one immediately. Typically, the blood test will take 48 – 72 hours to be finalized and documented results provided.

Previous results OR current results must be returned to the Athletic Training staff before any participation in athletics. He/she will be withheld from workouts, practice, and any other form of athletic participation. NO EXCEPTIONS.

If a student tests positive for sickle cell trait, the Team Physician will discuss the inherent health risks and precautions to help avoid sickle cell trait-related problems during their pre-participation physical exam. Positive results may also mean adjustment in the student-athlete's initial conditioning and practice schedule.

Contact us immediately if you have any questions regarding this policy.

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Head Athletic Trainer

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ANDERSON UNIVERSITY SICKLE CELL TRAIT STATUS FORM

Student-Athlete Name: _____

DOB: _____

Sickle Cell Trait Test Results: **POSITIVE** or **NEGATIVE** (circle one)

In NOT providing a copy of the record, must have a physician signature. Not a Nurse Practitioner or a Physician Assistant.

Physician Name (print) _____

Physician Signature: _____ Date: _____

Student-Athletes Signature: _____ Date: _____

Parent Signature: _____ Date: _____

*Must have a parent's signature unless you are 25 years older or are married.