



WSU Football Camps

July 27, 2019



Schedules subject to change based on participants and time restraints.

- 8:00am **Specialist Showcase** Check-in, CFC Heritage Hall (3rd floor)
Assign & handout jerseys
Introductions
Height, weight and vertical (CFC Weight Room)
- 8:45am Walk to Field
- 8:50am Stretch
- 9:00am Warm Up for Kickoff/LS 40/5-10-5
- 9:10am Punts
- 9:30am Water Break
- 9:35am Warm Up for Punt/Long Snapper Charting
- 9:45am Kickoffs
- 10:05am Water Break
- 10:10am Warm Up for FG
- 10:20am Live FG's/Competition
- 10:50am Break
- 11:00am Closing Remarks/Trade in jersey for camp t-shirt
Awards to competition winners