

WASHINGTON STATE UNIVERSITY
COUGAR FOOTBALL
2019 MINI CAMP

Offensive & Defensive Linemen, Quarterbacks, Running Backs, Wide Receivers, Linebackers and Defensive Backs will learn football fundamentals, skills and techniques from the Washington State Cougar Football Coaches. After learning the importance of hydration, campers will receive instruction as they rotate through a series of agility stations and break-out into position specific individual drills. They will then compete in sessions of 1-on-1 and 7-on-7.

Date: Saturday, July 27, 2019 (11AM TO 3PM)

Eligible Grades: Open to any and all student-athletes entering 10th grade through community/junior college in Fall 2019

Location: Washington State University Athletic Facilities, Pullman, Washington

Cost: \$50 Includes camp t-shirt.

Deadline: After completion of all required forms and parental signatures, walk-up registrants will be accepted on a first come, first serve basis as space permits.

Campers must complete all the required forms in this packet including parent signatures before participation. Any missing information will delay acceptance into the camp. We do NOT require proof of a physical. We do require campers have their own medical insurance. An athletic trainer will be on duty throughout the entire event. A doctor is on constant call, and hospital facilities are readily accessible.

Equipment: work out attire, tennis shoes, cleats. Outdoor sessions will be on FieldTurf. This is a non-contact camp. However we do recommend that players bring their own mouthpiece for protection against any incidental contact.

Check-in begins at 11AM in the Heritage Hall of the new Cougar Football Complex (see map in Documents Tab). Instruction will begin at 12pm, moving outside to Rogers Field/Martin Stadium at approximately 1:30pm.

A meal is not provided, so please eat prior to check-in. Water will be available at all times.

Parents/family are welcome to watch the outdoor sessions. Instruction on Rogers Field and/or Martin Stadium will begin at approximately 1:30pm.

Parking

Campus parking rules are enforced 24 hours a day, every day. WSU Football will not be responsible for parking violation costs or appeals. A detailed parking map will be sent with your confirmation.

Refund Policy

The payment for the Mini Camp is non-refundable. Refunds are possible for medical emergencies or unforeseen accidents ONLY. A physician's letter of explanation prior to the first day of camp must accompany any refund requests. All potential refund situations will be evaluated at the end of the camp. Approved refunds will be credited minus the 6% processing fee (\$3.00) after August 21, 2019. Submission of the application indicates acceptance of this policy.

Travel to Pullman

Please visit the WSU Visitor Center for **driving directions**. www.visitor.wsu.edu 509.335.4636

BY AIR - The Pullman-Moscow Regional Airport (PUW) is serviced by Alaska Airlines with direct service to/from Seattle Washington. Please contact our office 48 hours prior to your arrival to arrange transportation from the Pullman-Moscow Regional Airport. The Pullman-Moscow Regional Airport is 5 minutes from the WSU Campus.

You will have to provide your own transportation (rental car) from the Lewiston-Nez Perce County Airport (LWS) or the Spokane International Airport (GEG). WheatlandExpress.com offers a once daily shuttle from the Spokane International Airport, we recommend you secure ground transportation before making flight arrangements.

The Lewiston-Nez Perce County Airport is 45 minutes from the WSU Campus.
The Spokane International Airport is 90 minutes from the WSU Campus.

CONTACT: Phone: 509.335.0250 Email: football.camp@wsu.edu