

## Register by Mail

Full payment due upon registration

Please make checks payable to

**Longwood Women's Basketball**

Please select camp attending:

- ☐ **Lil' Lancers** June 4th-5th
- ☐ **Individual Camp** June 23th- 25th
- ☐ **Individual Camp (Overnight)** June 23th- 25th
- ☐ **Elite** June 25th

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Parents' Names: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_  
E-mail: \_\_\_\_\_  
Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade (Fall '19) \_\_\_\_\_ Ht. \_\_\_\_\_  
T-Shirt Size (circle): Youth S / M / L Adult S / M / L / XL  
School: \_\_\_\_\_  
Coach: \_\_\_\_\_  
Roommate Preference (if applicable): \_\_\_\_\_  
\_\_\_\_\_  
Insurance Carrier: \_\_\_\_\_  
Policy # : \_\_\_\_\_

I understand that the Longwood Basketball Camp does not provide medical or accident insurance for campers. I certify that my child is either covered by medical insurance or I agree to pay all medical expenses which result from injury or illness while he/she is attending camp. I hereby authorize the camp director to act for me according to their best judgment in any emergency requiring medical attention and I hereby waive and release the Camp from any and all liability for any injuries incurred while at camp. I certify that my child has received a physical exam this year and can play.

**Signature of parent/guardian:**

\_\_\_\_\_

*All Longwood University camps and clinics are open to any and all entrants, and are only limited by the number, age, grade level or gender described.*

Longwood University  
Women's Basketball  
201 High St.  
Farmville, VA 23909



## **LONGWOOD WOMEN'S BASKETBALL CAMPS**

DIRECTED BY  
HEAD COACH  
REBECCA TILLET

### **LIL' LANCERS**

**JUNE 4TH -5TH**

### **INDIVIDUAL CAMP**

**JUNE 23RD -25TH**

**COMMUTER / OVERNIGHT AVAILABLE**

### **ELITE CAMP**

**JUNE 25TH**

# SUMMER 2019

## Elite Camp

\$45.00

High School

June 25, 2019 11am– 5pm

Includes intense workouts aimed at improving individual skills and high level team play,. Designed for players aspiring to play at the collegiate level.

*Lunch will be provided*

## Individual—Commuter

\$95.00

Boys and girls, Grades 2nd-8th

June 23–25, 2019

9am-3pm Sunday and Monday, 9am-12pm Tuesday

Includes drills and games designed to increase fundamentals, skills, sportsmanship, and team concepts. Individual and team competitions will occur.

*Lunch will be provided Sunday and Monday*

## Individual—Overnight

\$185.00

Girls, Grades 2nd-8th

June 23rd-25th

Sunday 10 am– Tuesday 12:00 pm

Includes drills and games designed to increase fundamentals, skills, sportsmanship, and team concepts. Individual and team competitions will occur. Supervised dorm rooms, fun evening activities , & a chance to make new friends!

## Lil' Lancers Camp

\$35.00

Boys and girls ages 4-7

June 4th-5th, 2019

5:00-7:00pm

Includes drills and games designed to improve FUNdamentals including dribbling, passing, and defense.



*Coach Rebecca Tillett* finished her first season as the head women's basketball coach at Longwood University. Her first year laid the foundation for the future. Dayna Rouse was the first Longwood Women's basketball player to be named to the Big-South 1st or 2nd team. The Lancers also posted the highest semester GPA in over a decade with a 3.26 this fall.

She joined the Lancer community after a decorated career at Navy, where she served as the associate head coach and the recruiting coordinator.

During her four years in Annapolis, Tillett helped the Midshipmen to an 81-47 record, including a program

record wins (25) in the 2017 -2018 season. Navy reached the Patriot League Championship game and earned a bid to Women's National Invitational Tournament (WNIT) two consecutive years. Navy went 46-26 in league play and back-to-back top-three finishes during her four-year stint, winning at least 10 league games in three of those years.

A three-year letter-winner, senior captain and 1999 graduate of William & Mary, Tillett was involved with all aspects of the program at Navy and specialized as the team's defensive coordinator.

Growing up in a family of coaches, Tillett knew early on this was not only a goal but a dream. She returned to her home state of Virginia with a varied background of success, including a championship decorated tenure at Forest Park, and 19 years of directing respected basketball camps in multiple states. Coach Tillett is eager for YOU to join the Lancer family!



@LongwoodWBB



@LongwoodWBB



Longwood Women's Basketball

## Camp Objectives

- To teach the fundamentals of basketball
- To foster sportsmanship and competition
- To encourage a love of basketball
- To expand our Lancer Basketball Family

## Camp Features

- Free Longwood Basketball Camp Shirt
- Low Coach-to-Camper Ratio
- Camp Store
- Individual attention from Coach Tillett and Staff

Awards will be given at *Individual Camp* to individual and team competition winners. Parents and guardians are welcome to the award ceremony at the conclusion of camp on Wed. June 25th at 11:40am.

## Registration Procedures

### Camp Contact

Assistant Coach Jessica Olmstead

longwoodwbb@gmail.com

571-299-9380

Register Online at:

<http://www.totalcamps.com/LongwoodwomensBasketball>

Or return attached form and payment to:  
Longwood Women's Basketball  
201 High St. Farmville, VA. 23909

Full payment is due by registration. Checks may be made payable to Longwood Women's Basketball.

25% Discount for Longwood Faculty

50% Discount for Longwood Athletic Staff