



PROSPECT DAY #1 - SUNDAY JULY 21ST, 2018
PROSPECT DAY #1 ITINERARY



	TIME OF DAY	AGENDA	Camp Times
	9:00am - 10:30am	Check-In and Speed Evaluation	Camp Start= 9:00AM
	10:30am	Coach Gattuso Intro to Camp	Camp End= 3:00PM
	10:45am	Camp Stretch	
	11:00am	Agility Circuit	
	11:25pm	Primary Position Indy	
	12:00pm	Break for Lunch	
	12:30pm	Specialists Begin Warmup & Kicking	
	1:10pm	Camp Stretch	
	1:15pm	Secondary Position Indy if Campers want to Change Position	
	2:05pm	1 on 1's (OL vs. DL / RB vs. LB / WR vs. DB)	
	2:35pm	Coach Gattuso Addresses Camp	
	2:45pm	Campers are dismissed	