



MILLERSVILLE UNIVERSITY WOMEN'S SOCCER

HIGH SCHOOL TEAM CAMP SCHEDULE: JULY 28 – 30, 2019

SUNDAY, JULY 28		MONDAY, JULY 29		TUESDAY, JULY 30	
3:00 – 4:00pm	Check-in (address below)	8:20am	Meet in the Quad to Depart	8:20am	Meet in the Quad to Depart
4:25pm	Meet in the Quad to Depart	8:25am	Depart for Breakfast	8:25am	Depart for Breakfast
4:30pm	Depart for Fields*	8:30 – 9:10am	Breakfast (Gordiner)	8:30 – 9:10am	Breakfast (Gordiner)
4:40 – 4:50pm	Camp Welcome Meeting	9:10am	Depart for Caputo 210/Fields*	9:10am	Depart for Caputo 210/Fields*
5:00 – 6:15pm	Training Session - Defending	9:15 – 9:45am	Informational Session	9:15 – 9:45am	Informational Session
6:30pm	Depart for Dinner (from field)	10:00 – 11:30am	Training Session - Transition	10:00 – 11:30am	Training Session – Tech. Games
7:00pm	Dinner & Team Building (TBA)	11:45am	Depart for Lunch (from field)	11:45am	Depart for Lunch (from field)
7:25pm	Meet in the Quad to Depart	12:00pm	Lunch (Gordiner)	12:00pm	Lunch (Gordiner)
7:30pm	Depart for Fields	2:00pm	Meet in the Quad to Depart	<i>After Lunch</i>	<i>Prep your room for check-out</i>
8:00pm	Games (Teams TBA)	2:05pm	Depart for Fields	2:00pm	Meet in the Quad to Depart
8:00pm	Games (Teams TBA)	2:15 – 2:45pm	Informational Session	2:05pm	Depart for Fields
10:30pm	Room Checks Start	3:00 – 4:30pm	Training Session - Attacking	2:15 – 2:30pm	Camp Closing Meeting
11:00pm	Lights Out	4:40pm	Depart for Dinner (from field)	2:45 – 4:30pm	Games (Teams TBA)
		5:00pm	Dinner (Gordiner)	4:45pm	Check-out
		6:25pm	Meet in the Quad to Depart		
		6:30pm	Depart for Fields		
		7:00pm	Games (Teams TBA)		
		8:15pm	Games (Teams TBA)		
		8:30pm - 9:30pm	Camp Store		
		10:30pm	Room Checks Start		
		11:00pm	Lights Out		

Check-in & Check-out: South Village Suites (120 Centennial Dr. Millersville, PA 1755)

Camp Welcome & Informational Sessions: Sports Psychology / Match Analysis, Nutrition / Strength & Conditioning, Recruiting Q&A – All in Caputo 210

Meals: All meals will take place in Gordiner Dining Hall or Jefferson Hall

Training Sessions & Games: **Pucillo Field:** 105 Pucillo Dr. **Chryst Field at Biemsderfer Stadium:** 45 Pucillo Dr.

Field Assignments for training sessions and games will be announced at camp and posted in the dorm hallway and lobby.

Camp Store: South Village Lobby nightly from 8:30 – 9:30pm

* We will depart from Breakfast in Gordiner to Caputo 210 for our informational session and then go to the fields.

Campers MUST travel in their group to and from all locations with a counselor and/or camp staff member.

Schedule is subject to change. We will notify campers of any changes during camp