

## TEAM CAMP SCHEDULE

### EARLY WAVE

JULY 8-11

**Day 1**

10:30-12:30	Check-in (Coughlin Hall- 816 N. Cincinnati St)
1:00-1:30	Opening Meeting (Main Court)
1:30-3:30	Team Practice (Fieldhouse FH & Main Court MC)
3:30-4:00	Cool Down with the Zags (McCarthy)
4:00-4:30	Announcements/Camp Rules/Intro Staff (McCarthy)
<b>4:45-5:15</b>	<b>Dinner (4:45-5:15 in Coughlin Hall)</b>
5:30-7:15	Tournament Play (FH & MC)
7:15-7:45	Meeting / Team Fight Song (McCarthy)
10:30	Curfew/Quiet Hours –Lights out @ 11:30pm

**Day 2**

<b>7:45-8:15</b>	<b>Breakfast (7:45-8:15 in COG)</b>
8:30-9:00	Announcements/Demo/Warm-up (Main court)
9:00-10:40	Positional Sessions (FH & MC)
10:45	ALL CAMP PHOTO (MC)
11:00-11:20	Team Photo (Report to the BULLDOG Statue!)
11:20-11:45	Athletic Facilities Tour
<b>11:45-12:45</b>	<b>Break and Lunch (12:00-12:30 in COG)</b>
12:45-1:00	Announcements / Warm-up (MC)
1:00-2:45	Team Practice
2:45-3:20	STAFF Demo Match (FH)
3:30-4:15	CHALK TALK #1 (McCarthy)
<b>4:45-5:15</b>	<b>Dinner (4:45-5:15 in COG)</b>
5:30-7:15	Tournament Play (FH & MC)
7:15-7:45	Team Cheers (McCarthy)
10:30	Curfew/Quiet Hours –Lights out @ 11:30pm

**Day 3**

<b>7:45-8:15</b>	<b>Breakfast (7:45-8:15 in COG)</b>
8:30-9:00	Announcements/Demo/Warm-up (MC)
9:00-11:00	Positional Sessions (FH & MC)
<b>11:00-1:00</b>	<b>Break and Lunch (12:00-12:45 in COG)</b>
1:00-1:30	Announcements /Demo/Warm-up (MC)
1:30-3:15	Team Practice *Court Partner Coordination
3:15-3:45	CHALK TALK #2 (McCarthy)
<b>4:15-5:30</b>	<b>Dinner (4:45-5:15 in COG)</b>
5:30-7:15	Tournament Play (FH & MC)
7:15-7:45	Power Cheers (w/court partner) (McCarthy)
10:30	Curfew/Quiet Hours- Lights out @ 11:30pm

**Day 4**

<b>7:00-7:30</b>	<b>Breakfast (7:00-7:30 in COG)</b>
7:45-8:15	Announcements/Evaluations (MC)
8:30-9:15	Finish Pool Play (FH & MC)
9:15-1:15	Double elimination bracket (Pizza and Awards)
1:15 approx.	Parting shots (MC)
1:30-2:30	Dorm Check-out