

JUNE 6-9, 2020

MUSTANG BOWLING CAMP

May City Bowl
1648 Trent St SW
Cedar Rapids, IA

June 6-7
Physical Game

June 8-9
**Lane Play &
Mental Game**



Register online: www.totalcamps.com/MUSTANGBOWLING



JUNE 6-7 PHYSICAL GAME

Training Drills
Release
Timing
Footwork
Fit Analysis
Video Analysis

JUNE 8-9 LANE PLAY - MENTAL GAME

Reading Lane Patterns
Arsenal Selection
Transition
Playing Different lanes
Mental Toughness

REGISTRATION FEES

Physical Game Camp
\$225.00

Lane Play & Mental Game Camp
\$225.00

Add Storm Bowling Ball \$169.00

BEST VALUE

4 Day Camp
\$500.00

Includes FREE Storm Bowling Ball



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