

# Central Michigan Football Camps Release

## Consent to Treat

Camper Name \_\_\_\_\_ Camp \_\_\_\_\_

List any medical conditions that camp personnel should be aware of \_\_\_\_\_

\_\_\_\_\_

List any medications currently taking \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Cell \_\_\_\_\_

I hereby give my permission for Central Michigan Football Camps athletic trainers, Central Michigan University Health Services and McLaren-Central Michigan to provide any needed medical treatment for my son while he is attending Central Michigan Football Camps. I specifically give my permission for necessary emergency care to be given by McLaren-Central Michigan and other medical treatment providers. I attest that my son had a physical within the last 12 months and the physical disclosed no medical conditions, other than those listed on this consent to treat, that would make participation in this football camp a risk.

## Waiver of Liability

I hereby acknowledge that participation in this football camp and related activities is at the sole discretion and judgment of the parent or guardian and involves an inherent risk of physical injury. I, on behalf of my son, hereby assume all such risk, I hereby release and agree to hold harmless all Central Michigan Football Camps personnel, FreeHurt, Inc., Central Michigan University, its Board of Trustees, students and employees from claims, actions, damages and liabilities for personal injury or damage relating to or arising out of any football camp activity except where the injury or damage is caused by the gross negligence of the camp's or Central Michigan University personnel. Central Michigan Football Camps is not responsible for lost or stolen property.

\_\_\_\_\_  
Parent or Legal Guardian Signature

\_\_\_\_\_  
Date

## Photographic Release Form

I, the parent or legal guardian of a minor participating in the Central Michigan Football Camps hereby authorize camp personnel and those acting pursuant to its authority to (a) record my child's likeness and voice on a video, audio, photographic, digital, electronic or any other medium; (b) Use my child's name in connection with these recordings; (c) Use, reproduce, exhibit or distribute in any form (e.g. print publications, video tapes, CD-ROM, internet/WWW or any other form now or hereafter developed) these recordings for any purpose that Central Michigan Football Camps deem appropriate, including promotional or advertising purposes. I understand that all such recordings, in whatever medium, shall remain the property of Central Michigan Football Camps.

\_\_\_\_\_  
Parent or Legal Guardian Signature

\_\_\_\_\_  
Date

# Concussion Information Sheet

## Concussion Danger Signs

In rare cases, a dangerous collection of blood (hematoma) may form on the brain after a bump, blow, or jolt to the head or body and can squeeze the brain against the skull. Call 9-1-1 or take your child or teen to the emergency department right away if, after a bump, blow, or jolt to the head or body, he or she has one or more of these danger signs:

- One pupil larger than the other.
- Drowsiness or inability to wake up.
- A headache that gets worse and does not go away.
- Slurred speech, weakness, numbness, or decreased coordination.
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching).
- Unusual behavior, increased confusion, restlessness, or agitation.
- Loss of consciousness (passed out/knocked out). Even a brief loss of consciousness should be taken seriously.

## What should you do if you think your athlete has a concussion?

- 1) If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says he is symptom-free and it's OK to return to play.
- 2) Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
- 3) Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

## Why should an athlete report their symptoms?

If an athlete has a concussion, his brain needs time to heal. While an athlete's brain is still healing, he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in youth athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

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Student Athlete Name Printed

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Signature of Student Athlete

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Date

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Parent or Legal Guardian Name Printed

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Signature of Parent or Legal Guardian

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Date